



Oregon School Activities Association
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SPORTS MEDICINE ADVISORY COMMITTEE

Tuesday, May 26, 2020 – ZOOM Meeting

MINUTES

1. Present: Dr. Michael Koester (chairperson); Dr. Brad Adams; Jeremy Ainsworth, (OATS); Dr. Brett Andres; Dr. Murtaza Batla; Mark Boren, TO EMT-I (Ret); Dr. Brad Butler; Dr. Preston Chadwick; Dr. James Chesnutt; Erin Cramer, ATC PA-C (OSPA); Dr. Robert Fan; Marlee Hansen, MS, ATC (OATS); Sam Johnson, PhD, ATC, CSCS (OATS); Shelly Jones, ATC, (OATS); Dr. Sara Murdick; Marc Norcross PhD, ATC; Dr. Sean Rash; Dr. David Sarmiento; Dr. David Sarmiento; Dave Hood (OADA); Rob Younger and Chris Knudsen (OACA); Brad Garrett, Kris Welch, Kyle Stanfield, Kelly Foster, K.T. Emerson and Peter Weber (OSAA).
2. Review minutes of November 12, 2019 meeting – The committee approved the minutes.
3. New Business
 - a. NFHS Guidance for Opening Up High School Athletics and Activities – National guidelines intended to be adjusted per each state’s specific guidelines, protocols. Seeing that what is coming out of HS are some of the most specific guidelines. Difficult to enforce across the entire state.
 - b. Reopening Oregon Sports – Shared a similar document to the NFHS that was Oregon-specific to use when getting information to member schools.
 - c. OSAA Reopening Sports/Activities Summer Guidance – Shared OSAA Staff’s guidance document that incorporated NFHS information as well. Plan to release it by phases. Trying to make it useful for schools. Want to release it by phase and for each sport/activity that we sanction. Facility cleaning guidance has not changed with new CDC guidance – should rely on district guidance. Suggest checking with Health Department and CDC. Guidance does allow sharing of balls in Phase 2 (with sanitizing protocols), which was prohibited in Phase 1.
 - d. KSI Return to Activity Plan – Assumes students are coming back from the couch. Focused on re-acclimatizing and slowly reconditioning with guidance for coaches. The final KSI document is in review – NFHS plans to endorse it.
 - e. Cardiopulmonary effects of COVID-19 – Certain percent of adults are presenting with arrhythmia. If we are seeing this in adults – are we going to see it in kids? Sports Medicine Physicians and NFHS SMAC are looking into this.
 - f. Pre-Participation Physical Exam Update – OSAA has worked with ODE to request an extension for one year for students who have had one previously. Will wait to see if there is legislative action taken on this moving forward.
 - g. Max’s Law Evaluation Report – The report indicates that schools are doing pretty well overall in implementing the law and policies. The largest challenges continue to be lack of access to providers and lack of communication between schools/partners/families.
 - h. Review Revision of Concussion Form – OSAA needs to revise their form and concussion protocol language to align with the July 1 update to list of providers. Some providers will need to take the online course, though it wasn’t designed to provide competency. Looking at something similar for Return to Learn next.
4. Committee Member Topics / Discussion
 - 1) Interstate travel – Schools should not be travelling outside their area at this point.