

**ONE OPPORTUNITY.  
LIMITLESS  
POSSIBILITIES.**



# YOUR HIGH SCHOOL JOURNEY

## GRADE 9 | *Plan*

- *Start planning now!* Take the right courses and earn the best grades possible.
- Find your high school's list of NCAA-approved core courses at [eligibilitycenter.org/courselist](https://eligibilitycenter.org/courselist).
- Sign up for a free Profile Page at [eligibilitycenter.org](https://eligibilitycenter.org) for information on NCAA requirements.

## GRADE 10 | *Register*

- If you fall behind academically, ask your counselor for help finding NCAA-approved courses you can take.
- Register for a Profile Page or Certification Account with the NCAA Eligibility Center at [eligibilitycenter.org](https://eligibilitycenter.org).
- Monitor your Eligibility Center account for next steps.
- At the end of the year, ask your counselor at each high school or program you attended to upload your official transcript to your NCAA Eligibility Center account.

## GRADE 11 | *Study*

- Check with your counselor to make sure you are on track to complete the required number of NCAA-approved core courses and graduate on time with your class.
- Take the ACT or SAT and submit your scores to the NCAA Eligibility Center using code **9999**.
- Ensure your sports participation information is correct in your Eligibility Center account.
- At the end of the year, ask your counselor at each high school or program you attended to upload your official transcript to your NCAA Eligibility Center account.

## GRADE 12 | *Graduate*




- Complete your final NCAA-approved core courses as you prepare for graduation.
- Take the ACT or SAT again, if necessary, and submit your scores to the NCAA Eligibility Center using code **9999**.
- Request your final amateurism certification April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your NCAA Eligibility Center account at [eligibilitycenter.org](https://eligibilitycenter.org).
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation to your NCAA Eligibility Center account.
- *Reminder:* Only students on an NCAA Division I or II school's institutional request list will receive a certification.



**For more information:**  
[ncaa.org/playcollegesports](https://ncaa.org/playcollegesports)  
[eligibilitycenter.org](https://eligibilitycenter.org)

**Search Frequently Asked Questions:**  
[ncaa.org/studentfaq](https://ncaa.org/studentfaq)

**Follow us on social media:**

-  @NCAAEC
-  @playcollegesports
-  @ncaaec

If you want to play sports at an NCAA Division I or II school, start by registering for a Certification Account with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org). If you want to play Division III sports or you aren't sure where you want to compete, start by creating a free Profile Page at [eligibilitycenter.org](http://eligibilitycenter.org).

### GRADE-POINT AVERAGE

The NCAA Eligibility Center calculates your core-course grade-point average based on the grades you earn in NCAA-approved core courses.

- DI requires a minimum 2.3 GPA.
- DII requires a minimum 2.2 GPA.

### SLIDING SCALE

Divisions I and II use sliding scales to match test scores and GPAs to determine eligibility. The sliding scale balances your test score with your GPA. Find more information about test scores at [ncaa.org/test-scores](http://ncaa.org/test-scores).

### TEST SCORES

You may take the SAT or ACT an unlimited number of times before you enroll full time in college. Every time you register for the SAT or ACT, use the NCAA Eligibility Center code 9999 to send your scores directly to us from the testing agency. We accept official scores only from the ACT or SAT, and won't use scores shown on your high school transcript. If you take either test more than once, the best subscore from different tests are used to give you the best possible score.

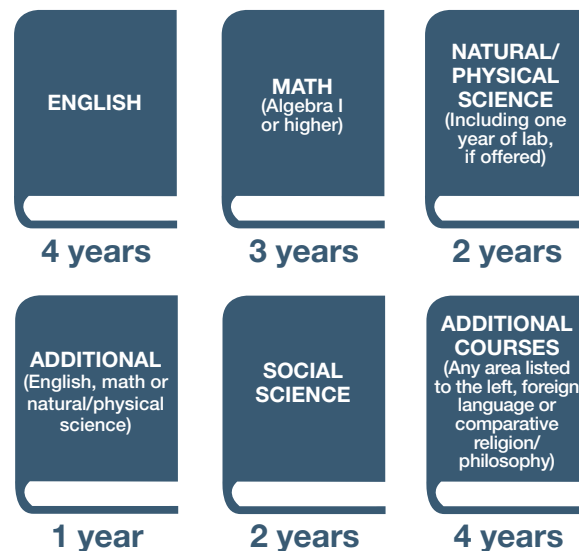
### ACADEMIC REQUIREMENTS

To play sports at a Division I or II school, you must graduate from high school, complete 16 NCAA-approved core courses, earn a minimum GPA and earn an ACT or SAT sum score that matches your core-course GPA.

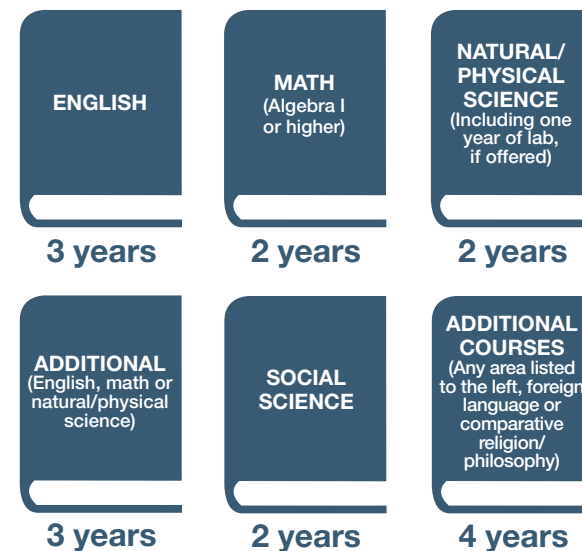
## CORE COURSES

Visit [eligibilitycenter.org/courselist](http://eligibilitycenter.org/courselist) for a full list of your high school's approved core courses. Complete 16 courses in the following areas:

### DIVISION I



### DIVISION II



Complete 10 NCAA core courses, including seven in English, math or natural/physical science, before your seventh semester.

This simple formula will help you meet Divisions I and II core-course requirements.

$$4 \times 4 = 16$$

- + 4 English courses (one per year)
- + 4 math courses (one per year)
- + 4 science courses (one per year)
- + 4 social science courses (one per year)

$$= 16 \text{ NCAA CORE COURSES}$$

