



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>



July 28, 2026

TO: Superintendents, Principals and Athletic Directors

FROM: Peter Weber, Executive Director

SUBJECT: Summary of Executive Board Action at the July 22, 2026, Summer Workshop

At the OSAA Executive Board Summer Workshop, the Executive Board took the following action:

- Voted to approve an Independent Status petition for Gervais/Kennedy Girls Soccer
- Voted to amend Board Policy – State Championship – Rankings. (attached)
- Voted to amend Concussion – Return to Sport Form. (attached)
- Voted to amend Board Policy – Air Quality Guidelines. (attached)
- Voted to adopt the 2026-27 Athletic Officials Handbook.
- Voted to approve the 2026-27 Eligibility Appeals Board Roster.
- Voted to approve updates to the Cheerleading Scoresheets.
- Voted to amend Board Policy – Officials Certified Requirement. (attached)
- Reviewed and assigned penalties for rule violations self-reported by member schools. (attached)
- Voted to adopt the 2026-27 OSAA Handbook.

A summary of Executive Board actions is posted on the OSAA website following each Executive Board Meeting.



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Excerpt from 2026-2027 OSAA Handbook, Executive Board Policies

76. STATE CHAMPIONSHIPS – RANKINGS

(Revised July 2026)

The OSAA shall use a ranking system to place qualifying teams on to OSAA State Championship brackets in the following team sports: football, boys' soccer, girls' soccer, volleyball, boys' basketball, girls' basketball, baseball and softball. Specifics regarding the ranking system and its implementation are listed below.

- A. **Overall OSAA Ranking.** The overall OSAA ranking system shall be a combination of a Rating Percentage Index (RPI) system and the Colley Rating system. Each team will have an RPI Rank and a Colley Rank that will be averaged to create their overall OSAA Ranking. The Colley Rank will be used to break ties between teams with the same OSAA Ranking.
- B. **Rating Percentage Index (RPI).** Factors included are wins, losses, ties and location of the contest (home, neutral, away). Score differential and rewards/penalties for playing teams outside one's classification are not a part of the RPI system.
 - 1) **Weighting of Contests.** The weight of a particular contest in the RPI system is determined by its location.

Home Win – .8 of .8	Road Win – 1.2 of 1.2	Neutral Site Win – 1.0 of 1.0
Home Tie – .4 of .8	Road Tie – .6 of 1.2	Neutral Site Tie – .5 of 1.0
Home Loss – 0 of 1.2	Road Loss – 0 of .8	Neutral Site Loss – 0 of 1.0
 - 2) **Percentage Breakdown.** The RPI system factors a team's weighted winning percentage (35%) and a team's opponents' winning percentage (65%) to create a team's RPI ranking.
- C. **Colley Rating.** This system is based on winning percentage, which is adjusted for a team's strength of schedule. Only games against opponents within the same classification or one classification away are included in the formula. When this system is expanded to include all teams in a classification or one classification away, a linear system is created with the same number of variables as there are equations. The result of the calculations is a rating for each team that measures the team's winning percentage against the strength of its opponents and the interactions of their opponents with all teams within the classification or one classification away.
- D. **Results.** Wins and losses shall be included in the rankings for all team sports. Ties shall only be included for boys' and girls' soccer.
 - 1) **Endowment Games.** Results from contests designated as Endowment Games shall be included.
 - 2) **Independent Status Teams.** Results from contests that have been granted Independent Status by the OSAA shall be included.
 - 3) **Forfeits.** Forfeits shall be included and counted as a loss for the forfeiting team and a win for the team receiving the forfeit victory. However, in the RPI system, computation of opponents' winning percentage (OWP) shall not include the results of any forfeits where the result of the contest changes due to the forfeit. Contests that have been legally played (using eligible players, etc.) shall not be counted as forfeits in the rankings, regardless of a league/district's standard operating procedures.
 - 4) **Out of State Teams.** In the RPI system, results from contests against out of state teams shall be included in a team's weighted winning percentage and a team's opponents' winning percentage only. Schools are strongly encouraged to utilize the Out-of-State Opponent form in order to have direct, regular contact with these teams.
 - 5) **Out of Country Teams.** In the RPI system, results from contests against out of country teams shall not be included, except for contests against teams who are members of NFHS Affiliate Associations (e.g., Canadian provinces, U.S. territories, etc.) which shall be treated like contests against out of state teams.
 - 6) **Contests vs. Teams Whose Classification's Rankings Are Frozen.** Results from contests involving any team whose classification's rankings are already frozen shall not be included in the rankings.

4.B.

- 7) **Contests vs. Teams More Than One Classification Away.** In the RPI system, results from contests added to a team's schedule after a certain date each season (**Fall – Sept. 16; Winter – Dec. 16; Spring – Apr. 7**) vs. a team more than one classification away shall not be included in the rankings. **NOTE:** bracketed contests at tournaments are not affected by this policy.
 - 8) **Contests Added After a Certain Date.** Results from contests added to a team's schedule after a certain date each season (**Fall – Sept. 30; Winter – Jan. 13; Spring – Apr. 14**) shall not be included in the rankings. **NOTE:** Contests not affected by this policy include bracketed contests at tournaments, league tiebreakers, and district/league tournaments. Schools may apply for an exception to OSAA Staff in extenuating circumstances.
 - 9) **Volleyball Pool Play.** Results from pool play in volleyball tournaments shall not be included.
 - 10) **Football.** Results from contests between 11-player vs. 8-player, 11-player vs. 6-player, 9-player vs. 6-player and 8-player vs. 6-player football teams shall not be included.
 - 11) **JV Teams.** Results from contests against JV teams shall not be included.
 - 12) **Alumni Teams.** Results from contests against alumni teams shall not be included.
 - 13) **Jamborees.** Results from jamborees shall not be included.
 - 14) **Cancellations.** Results from contests that are cancelled shall not be included.
- E. **Home/Away Designation.** Since the RPI system factors in where a contest is played, it is important that schools correctly designate this information when reporting schedules and results, especially for tournaments. Tournament play shall be considered a neutral site, except for contests played by the tournament host at its home venue. Baseball and softball contests, even those played as part of a tournament, shall not be listed as neutral due to the fundamental difference associated with being the home team in those sports (advantage of batting last).
- F. **Ranking Timelines.** The rankings for each team sport shall be available to the public through the OSAA website beginning with the first contest date of each sports season. Rankings shall be frozen on the following dates for each classification in each team sport:

<u>Sport (includes all games played on that day)</u>	<u>6A</u>	<u>5A</u>	<u>4A</u>	<u>3A</u>	<u>2A</u>	<u>1A</u>
Volleyball (Girls) - Rankings Freeze Date	Wed, Oct 21	Tues, Oct 27	Tues, Oct 27	Sat, Oct 24	Sat, Oct 24	Sat, Oct 24
Soccer - Rankings Freeze Date	Thurs, Oct 22	Sat, Oct 31	Sat, Oct 31	Sat, Oct. 31	Sat, Oct. 31	Sat, Oct. 31
Soccer - Rankings Freeze Date	Thurs, Oct 22	Sat, Oct 31	Sat, Oct 31	Wed, Oct 28	Wed, Oct 28	Wed, Oct 28
Football - Rankings Freeze Date	Fri, Oct 30	Fri, Oct 30	Sat, Oct 31	Sat, Oct 31	Sat, Oct 31	Fri, Oct 30/Sat, Oct. 31
Basketball (Boys) - Rankings Freeze Date	Tues., Feb 23	Wed, March 3	Wed, March 3	Sat, Feb 20	Sat, Feb 20	Sat, Feb 20
Basketball (Girls) - Rankings Freeze Date	Tues., Feb 23	Tues, March 2	Tues, March 2	Sat, Feb 20	Sat, Feb 20	Sat, Feb 20
Baseball/Softball - Rankings Freeze Date	Sat, May 15	Sat, May 22	Sat, May 22	Thurs, May 20	Thurs, May 20	Thurs, May 20
Volleyball (Boys) - Rankings Freeze Date	Sat, May 15	Sat, May 15	Sat, May 15	Sat, May 15	Sat, May 15	Sat, May 15

- G. **Breaking Ties in the Overall Rankings.** In the event of a tie in the final overall OSAA Rankings, the teams' Colley Rank will be used to break the tie. Although the Colley Ratings are displayed to the thousandths, the Colley Ratings shall be extended to as many digits as possible in order to break the tie. If a tie still exists, then head-to-head competition shall decide the higher overall OSAA ranking. If a tie still exists, the RPI ranking shall be extended to as many digits as possible in order to break the tie. If that does not resolve the tie, the RPI ranking shall be extended to as many digits as possible for each of the following components in this order: winning percentage, weighted winning percentage, opponents' winning percentage. If a tie still exists, a coin flip by the OSAA staff shall decide the higher overall OSAA ranking.
- H. **Home Games for League Champions.** League champions at the 5A, 4A, 3A and 2A classifications shall be guaranteed a home game in their first state playoff contest, provided that the league champion finished in the top 16 of the final frozen rankings. League champions at the 6A and 1A classifications shall be guaranteed a home game in their first state playoff contest in **32 28-team or 24--team** brackets regardless of final frozen ranking. In 1A-8 player **football**, **1A-6 player** football, and **2A/1A Boys soccer** league champions must be in the top 12 of the final frozen rankings to receive a home game in their first state playoff contest. In 1A-6 player football, league champions must be in the top eight of the final frozen rankings to receive a home game in their first state playoff contest. In 6A football, league champions in the top 16 of the final frozen rankings will receive a home game in their first state playoff contest.

4.B.

League champions outside the top 16 in 6A football will be moved into the top 16 but will not be guaranteed a home game.

Only one team per league will be considered the league champion under this policy; ties must be broken by the league. League champions meeting this criterion shall be moved up in the rankings the least number of places in order to ensure a home game (e.g., a league champion ranked #13 in the final frozen rankings shall be moved up to #8 and affected teams will shift down accordingly). League champions not meeting this criterion shall not be moved.

Note: Division champions of football special districts with at least 11 teams that have split into two divisions shall be treated as a league champion for the purpose of this policy.

- I. **Avoiding Same League Matchups in 1st Round.** The OSAA Staff shall make adjustments to the bracket to avoid teams from the same league matching up in the 1st Round. **Note:** Divisions in football special districts with at least 11 teams that split into two divisions shall be considered different leagues for the purpose of this policy. The following process shall be used:
 - 1) Always move the lower ranked team when a conflict occurs.
 - 2) Never take a home game away from a team when trying to resolve a conflict.
 - 3) Make a total of three moves for a team to try and fix the conflict.
 - 4) The three moves must move downward, if possible (e.g., #23 shifting with #24, #25, #26).
 - 5) If there is not room to move downward (e.g., #32 is the conflict in a 32-team bracket), then move upward.
 - 6) If the conflict is not resolved after a total of three moves, no change shall be made to fix the conflict.
- J. **Placing Teams on the OSAA Bracket.** Once any adjustments are completed per sections H and I above, teams shall be assigned an adjusted playoff ranking (APR) and placed on the bracket accordingly (e.g., 1-32, 1-16, etc.). In football only, if a non-league champion state qualifying team does not have four rankable contests, they will be placed in the last possible APR seed.



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School Fax: _____

School Email: _____

4.C.

MEDICAL RELEASE – RETURN-TO-SPORT PARTICIPATION FOLLOWING A CONCUSSION

Athlete's Name: _____ Date of Birth: ____/____/____ School/Grade: _____

This section to be completed by school official, coach, athletic trainer, or parent/guardian.

Date of Injury: ____/____/____ Sport/ Injury Details: _____

The athlete is currently: ☐ symptom-free at rest ☐ NOT symptom-free at rest ☐ symptom-free at exertion ☐ NOT symptom-free at exertion
☐ scoring within a normal range on neurocognitive exam ☐ NOT scoring within a normal range on neurocognitive exam

If neurocognitive exam used (e.g., IMPACT, SWAY, etc.), please attach baseline and post-concussive report with percentiles.

Comments: _____

Completed by (Printed Name): _____ Signature: _____ Date: _____

☐ School Official ☐ Coach ☐ Athletic Trainer ☐ Parent/Guardian

Per ORS 336.485, an athlete is prohibited from participating in an athletic event or training no sooner than the day after they experienced a blow to the head or body and only after they no longer exhibit signs, symptoms or behaviors consistent with a concussion; and receive a medical release from a qualified health care professional.

Recommended Graduated, Return-to-Sport Process: The best available evidence shows that strict rest until the complete resolution of symptoms is not beneficial. Relative (not strict) rest, which includes activities of daily living and reduced screen time, is recommended immediately and for up to the first 48 hours after injury. **Steps 1-3 are for treatment purposes and must be done away from the team environment.** If more than mild exacerbation of symptoms occurs during Steps 1-3, the athlete should stop and attempt the same step the next day. Athletes experiencing concussion-related symptoms during Steps 4-6 must return to Step 3 to establish full resolution of symptoms with exertion before engaging in any athletic events or training.

Step	Exercise Strategy	Activity at Each Step (each step typically takes a minimum of 24 hours)	Goal
1	Symptom-limited Activity	Daily activities that do not exacerbate symptoms (e.g., walking). This step should last approximately 24-48 hours after the injury.	Gradual reintroduction of activities of daily living, including school
2	Aerobic Exercise 2A-Light (up to 55% max HR) then 2B-Moderate (up to 70% max HR)	Stationary cycling or walking at slow to medium pace. May start light resistance exercise that does not result in more than mild and brief exacerbation of concussion symptoms.	Increase heart rate
3	Individual Sport-Specific Exercise	Sport-specific exercise away from the team environment (e.g., running, change of direction and/or individual drills away from the team environment). No activities at risk of head impact.	Add movement, change of direction
Steps 4-6 may begin only after the resolution of any symptoms, abnormalities in cognitive function, and any other clinical findings related to the current concussion, including with and after physical exertion. Athlete must not be exhibiting any signs, symptoms, or behaviors consistent with a concussion and have a medical release prior to beginning Step 4 (per ORS 336.485).			
4	Non-contact Training Drills	Exercise to high intensity including more challenging training drills (e.g., passing drills, multiplayer training) can integrate into team environment.	Resume usual intensity of exercise, coordination, and increased thinking
5	Full Contact Practice	Participate in normal training activities	Restore confidence and assess functional skills by coaching staff
6	Return-to-Sport	Normal game play	

This section to be completed by Qualified Health Care Professional.

GENERAL SCHOOL RECOMMENDATION

☐ Recommended that athlete be assessed by the school Brain Injury Management Team (BIMT) for needed physical, cognitive, and social-emotional accommodations per [Immediate and Temporary Accommodations Plan \(ITAP\)](#).

RETURN-TO-SPORT DECISION

☐ Athlete may NOT return to any athletic events or training.

☐ Recommended that athlete start Graduated, Return-to-Sport process **at the step circled above**. Athlete may fully Return-to-Sport once they have completed Step 5.

☐ Athlete is cleared to fully Return-to-Sport as of the date of the Qualified Health Care Professional's signature below.

Additional Comments/Recommendations: _____

Qualified Health Care Professional Name/Title: _____ Phone: _____

Qualified Health Care Professional Signature: _____ Date: _____

Attestation: I am returning this athlete to participate in accordance with these statutes [ORS 336.485](#), [ORS 417.875](#), [ORS 336.490](#) as a Qualified Health Care Professional. These statutes require athletes be cleared by one of these Oregon qualified health care professionals: MD, DO, DC, ND, NP, PA, PT, OT, or Psychologist. Before signing any Return-to-Participation forms, course completion certificates must be obtained by all DC, ND, PT and OT and after July 1, 2021, by all NP, PA, and Psychologists. For other than MD / DO, I certify that I have completed the Oregon Concussion Return-to-Play Education: <https://www.ohsu.edu/school-of-medicine/cpd/return-play>.

The Oregon School Activities Association's (OSAA) Sports Medicine Advisory Committee has developed a medical release form for athletes to Return-to-Sport participation following a concussion. No definitive data exists that allows us to absolutely predict when an athlete with a concussion can safely return to participation. We have found significant differences exist among qualified health care professionals across the state relating to when an athlete is permitted to return to participation following a concussion.

The OSAA's Sports Medicine Advisory Committee believes that the guidelines presented on this form represent a summary consensus of the literature. We do not intend to dictate to professionals how to practice medicine and the information on this form is not meant to establish a standard of care. The committee feels that the components of the form are truly relevant to addressing the concerns of coaches, parents/guardians, educators, athletes, and medical providers that lead to the research into this subject and to the development of this form. The form also provides a clear written document to help athletes, families, medical providers, and school districts comply with state law.

GOALS FOR ESTABLISHING A WIDELY USED FORM:

1. Protect athletes from further harm. Young athletes are particularly vulnerable to the effects of concussion. They are more likely than older athletes to experience problems after concussion and often take longer to recover. Teenagers in particular appear to be more prone to a second injury to the brain that occurs while the brain is still healing from an initial concussion. This second impact can result in long-term impairment or even death. The importance of proper recognition and management of concussed young athletes cannot be over-emphasized.
2. Allow athletes to Return-to-Sport participation as soon as it is reasonably safe for them to do so.
3. Establish statewide guidelines regarding concussion management and Return-to-Sport participation criteria to minimize differences in management among medical providers. The consistent use of these guidelines is intended to minimize the risks associated with a high school athlete returning to participate before fully recovered from a concussion.
4. Provide a basis to support medical decisions regarding when an athlete may or may not participate. This will help support the medical decision when an athlete faces pressure from many fronts to return to participation before fully recovered.
5. Follow a common process for athletes, families, health care providers, and schools to comply with Oregon statutes requiring all concussed athletes to be cleared by a Qualified Health Care Professional (MD-Medical Doctor, DO-Osteopathic Doctor, DC-Chiropractic Doctor, ND-Naturopathic Doctor, NP-Nurse Practitioner, PA-Physician Associate, PT-Physical Therapist, OT-Occupational Therapist or Psychologist).

IMPORTANT COMPONENTS OF AN EFFECTIVE FORM:

1. Inclusion of the latest consensus statements and Graduated, Return-to-Sport participation recommendations, so athletes, families, coaches, school officials, and health care professionals will all understand that athletes must be symptom-free at rest and with exertion. Returning athletes at an arbitrary date following a concussion is not an option.
2. Providing clearly identified sections for the Athlete's Name and the Qualified Health Care Professional's decision regarding clearance for Return-to-Sport participation should help reduce liability from a school returning an athlete without formal clearance. If a Return-to-Sport participation is questioned, the school can easily keep athletes safe and comply with state law by requiring that an athlete provide a fully completed medical release form stating when the athlete can fully Return-to-Sport.
3. Recommendations for physical, cognitive, and social-emotional accommodations per [Immediate and Temporary Accommodations Plan \(ITAP\)](#) to address educational needs of athletes while their brain injury recovers.

Note to Health Care Professionals: Please read "Consensus Statement on Concussion in Sport –The 6th International Conference on Concussion in Sport" <https://bjsm.bmj.com/content/57/11/695> and SCAT6 <https://bjsm.bmj.com/content/57/11/622>. These documents summarize the most current research and treatment techniques in head injuries. The most noteworthy items to come from these conferences include early exercise as treatment, starting prior to athlete being symptom-free, an updated Sports Concussion Assessment Tool (SCAT6) for use in the first 72 hours up to 1 week after injury, the addition of the Sport Concussion Office Assessment Tool-6 (SCOAT6) for the office setting from 72 hours after injury and for serial evaluations beyond. These tools added longer word lists for memory, a timed concentration assessment, and a dual gait task.

*All DC, ND, PT and OT and, after July 1, 2021, all NP, PA, and Psychologists who want to become a Qualified Health Care Professional must complete this online course: www.ohsu.edu/school-of-medicine/cpd/return-play.

Note: Athletic Trainers (ATs) are important to the identification and management of concussions in schools. In Oregon, ATs can evaluate and return athletes to participation the same day if they determine the athlete does not have a concussion. Also, ATs can implement Graduated, Return-to-Sport participation progression. For more information on athletic trainers, contact Oregon Athletic Trainers' Society via their website: www.oregonathletictrainersociety.com.

This form may be reproduced, if desired. In addition, the OSAA Sports Medicine Advisory Committee would welcome comments for inclusion in future versions, as this will continue to be a work in progress.

Proposal to Amend Board Policy – Air Quality Guidelines

(Action Item)

QUESTION: *Should the Executive Board update Board Policy – Air Quality Guidelines in alignment with recent changes to OHA guidelines?*

RATIONALE: To provide member schools with OHA guidelines and considerations when making decisions concerning the cancellation, suspension and/or restarting of practices and contests based on poor air quality.

RULE CHANGE SPONSORED BY: OSAA Executive Board

NEXT STEP IF PASSED: Effective Immediately

POSSIBLE RULE CHANGES:

KEY: Add
Delete

AIR QUALITY GUIDELINES

(Revised July 2026)

These guidelines, created in consultation with the Oregon Health Authority (OHA) and the Oregon Department of Environmental Quality (DEQ), provide a default policy to those responsible or sharing duties for making decisions concerning the cancellation, suspension and/or restarting of practices and contests based on poor air quality. **Schools should also refer to OHA's [Oregon Air Quality Activity Guide for Children and Youth](#).**

- A. **Designate Personnel:** Given the random behavior of wind and air currents, air quality may change quickly. Schools shall designate someone who will monitor the air quality prior to and during outdoor activities. While typically due to wildfires, schools need to also consider non-wildfire situations if the air quality is unhealthy.
- B. **Areas near DEQ/AirNow Reporting Stations:** The Air Quality Index (AQI) should be monitored throughout the day, and during an event, to have the best data possible to make informed decisions about conducting practices and **contests**. Schools should always defer to the monitor that is the nearest physical distance to the practice or contest facility. School personnel shall review the AQI information for all regions throughout the state to determine if action is necessary (see chart below). Schools shall regularly review the AQI throughout events to assess deteriorating conditions. School personnel shall use the AirNow Fire and Smoke Map at <https://fire.airnow.gov>. This map shows larger circles with numbers for DEQ/AirNow **permanent** monitors and smaller circles with no letters or numbers for PurpleAir sensors. The EPA applies a series of quality control checks and an extended U.S.-wide correction equation before displaying the PurpleAir sensor data on the Fire and Smoke map to provide data more consistent with permanent monitors.
- C. **Areas without Air Reporting Stations:** If air monitoring equipment is not available, member schools should utilize the 5-3-1 Visibility Index to determine air quality.
 - 1) **5-3-1 Visibility Index:** Making visual observations using the 5-3-1 Visibility Index is a simple way to estimate air quality and know what precautions to take. While this method can be useful, you should always use caution and avoid going outside if visibility is limited, especially if you are sensitive to smoke.
 - (a) Determine the limit of your visual range by looking for distant targets or familiar landmarks such as mountains, mesas, hills, or buildings at known distances. The visual range is that point at which these targets are no longer visible. As a rule of thumb: If you can clearly see the outlines of individual trees on the horizon it is generally less than five miles away. It is highly recommended that schools use pre-determined landmarks that were established on a clear day to determine their visual range.
 - (b) Ideally, the viewing of any distant targets should be made with the sun behind you. Looking into the sun or at an angle increases the ability of sunlight to reflect off of the smoke, thus making the visibility estimate less reliable.

4.D. UPDATED

- (c) Be aware that conditions may change rapidly and always use the more conservative of multiple metrics (AQI, 5-3-1 Visibility Index, etc.).

OHA Guidance/Considerations/Actions for Outdoor Activities with 1-4 Hour Duration

(Reference [Oregon Air Quality Activity Guide for Children and Youth](#) for shorter or longer activity duration guidance)

MODERATE – 51-100 AQI – 5-15 Miles Visibility

GUIDANCE: Allow children and youth with health conditions to opt out or stay indoors. Limit the intensity of activities for these children and youth if needed.

ACTIONS:

- Be aware of athletes with chronic conditions; keep rescue medications readily available and pretreat before exercise if directed by their healthcare provider. All athletes with respiratory illness, asthma, lung, or heart disease should consider abstaining from athletic events if symptoms arise based on the severity of their condition and sensitivity to smoke.

UNHEALTHY FOR SENSITIVE GROUPS – 101-150 AQI – 3-5 Miles Visibility

GUIDANCE: Limit to light intensity activities or a 1-hour total duration with moderate intensity. If intensity and time can't be changed, consider canceling or moving to an area with safer air quality. For children and youth with health conditions, further limit time or intensity if needed.

CONSIDERATIONS: Factors to weigh when considering whether to cancel or move, include but are not limited to:

- Can the decision be made at the time of the event, or does it need to be made well in advance? Can the event be postponed or rescheduled? Are there extenuating circumstances in determining whether the event can be held? (i.e., practice requirement for eligibility, league vs. non-league contests, postseason/state playoffs, etc.)
- Is the AQI closer to 101 or 150? Is this air quality event episodic or has it resulted in prolonged exposure for multiple days? Is there excessive heat combined with poor air quality? Are smoke conditions forecasted to worsen, improve, or stay the same? Have you consulted forecasting sites such as [Oregon Smoke Information Blog](#), [FireSmoke Canada](#) or [Bluesky Modeling](#)?
- How much or to what extent can an individual's activity duration and intensity be reduced? Can rest periods and substitutions be increased to allow for lower breathing rates?
- Is there an option to relocate to an area with better air quality, either indoors or a different outdoor location?
- Have athletes been exposed to smoke for significant periods of time in other parts of their day, such as walking or biking to school or riding in a bus with windows open?

ACTIONS:

- Educate athletes on the symptoms of smoke exposure and encourage them to report any discomfort. Symptoms may include coughing, throat irritation, headaches, shortness of breath, fatigue, and chest pain.
- Increase rest periods and substitutions to allow for lower breathing rates. Emphasize the importance of staying hydrated.
- Limit individual's activity duration and intensity during practices.
- Be aware of athletes with chronic conditions; keep rescue medications readily available and pretreat before exercise if directed by their healthcare provider. All athletes with respiratory illness, asthma, lung, or heart disease should consider abstaining from athletic events if symptoms arise based on the severity of their condition and sensitivity to smoke.
- Consider moving practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels. Limit to light intensity activities if indoor PM_{2.5} levels are high.
- Consider creating a clean air space where sensitive individuals can go for relief from elevated levels of PM_{2.5}. (A clean indoor air space is a room with little to no outdoor air infiltration. HEPA air purifiers can help clean the air in these spaces).
- Schools should use MERV 13 rated filters or greater in their HVAC systems if the system is capable. Supplemental use of properly sized HEPA air purifiers has also been shown to improve indoor air quality by reducing particulate matter and chemicals found in smoke.

UNHEALTHY – 151-200 AQI – 1-3 Miles Visibility

(This guidance also apply to **VERY UNHEALTHY (201-300 AQI)** and **HAZARDOUS (301-500 AQI)**)

GUIDANCE: Cancel outdoor activity or move to an area with safer air quality. Limit to light intensity activities indoors if indoor PM_{2.5} levels are high.

ACTIONS:

- Cancel all outdoor practices and competitions.
- Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.

- D. **Oregon Occupational Safety and Health Administration (OSHA) Rules:** Schools should familiarize themselves with Oregon OSHA permanent rules adopted in Summer 2022 regarding reducing heat and wildfire smoke outdoor workplace exposure for employees. OSHA resources can be accessed here for [Heat](#) and [Wildfires](#).

Proposal to Amend Board Policy – Officials – Certified Requirement

(Action Item)

QUESTION: Should the Executive Board update Board Policy – Officials – Certified Requirement to clarify the number of officials allowed and required during the regular season?

RATIONALE: To create consistent language used for the number of officials allowed per sport/activity.

RULE CHANGE SPONSORED BY: OSAA Executive Board

NEXT STEP IF PASSED: Effective Immediately

POSSIBLE RULE CHANGES:

KEY: Add Delete

49. OFFICIALS – CERTIFIED REQUIREMENT

- A. **General requirement.** Member schools shall secure certified officials from officials' associations that have been recognized and certified by the OSAA for all interscholastic activities requiring those officials. **EXCEPTION:** Any request for an exception to this policy must receive the approval of the Executive Director. Exceptions shall be considered only when adherence to this policy presents a financial hardship to the school or when the local officials' association is unable to service the member school. Any out-of-state official used under this exception in a contest in Oregon shall represent an association whose commissioner was an attendee at the OSAA Rules Interpreters' Clinic for that year.

OSAA certified officials are required for all sanctioned activities at the varsity and junior varsity levels including jamborees. **EXCEPTION:** OSAA certified officials are required in baseball and softball at the varsity level only. OSAA certified officials are required in football at all sub-varsity levels.

Schools, leagues, and tournaments are limited to using a maximum of the quantity of officials assigned to State Championship contests unless written permission to exceed that quantity is received from the OSAA Executive Director prior to the event(s).

Schools have the responsibility to request permission from their local associations to use non-certified officials at sub-varsity contests where certified officials are not required.

- B. **Quantity requirements.** See **Officials Fee Schedule** for additional information.

- 1) **Baseball.** Two officials are required at the varsity level. One umpire may be used in an emergency situation only. Sub-Varsity: Two officials should be assigned, but one official may be assigned at the rate of 1.5x the "per official fee." **Three officials will be used throughout the state championships, thus schools may use three officials during the regular season at the varsity level.**
- 2) **Basketball.** Two officials are required at the varsity and junior varsity levels. One referee may be used in an emergency situation only. JV2 and Freshman: Two officials should be assigned, but one official may be assigned at the rate of 1.5x the "per official fee." **Three officials will be used throughout the state championships, thus schools may use three officials during the regular season at the varsity level.**
- 3) **Cheerleading.** Five officials are required for all sanctioned competitions at all levels.
- 4) **Football.** Five officials are required at the varsity level at the 6A, 5A and 4A classifications. Five officials are recommended but at least four are required at the varsity level at the 3A, 2A and 1A classifications. Five officials are recommended but at least four are required at the junior varsity, sophomore, and freshman levels at all

classifications. ***Seven officials will be used in the semifinal and final state championship games where 11-player football is played, thus schools may use seven officials during the regular season at the varsity level.***

- 5) **Soccer.** Three officials are recommended but two officials are required at the varsity level. Two officials are required at the junior varsity level. One referee may be used in an emergency situation only. ***Three officials will be used throughout the state championships, thus schools may use three officials during the regular season at the varsity level.***
- 6) **Softball.** Two officials are required at the varsity level. One umpire may be used in an emergency situation only. Sub-Varsity: Two officials should be assigned, but one official may be assigned at the rate of 1.5x the “per official fee.” ***Three officials will be used throughout the state championships, thus schools may use three officials during the regular season at the varsity level.***
- 7) **Volleyball.** Two officials are required at the varsity and junior varsity levels. One referee may be used in an emergency situation only. JV2 and Freshman: Two officials should be assigned, but one official may be assigned at the rate of 1.5x the “per official fee.” ***Two officials will be used throughout the state championships, thus schools may use two officials during the regular season at the varsity level.***
- 8) **Wrestling.** One official is required at the varsity and junior varsity levels. ***Two officials will be used at times during the state championships, thus schools may use two officials during the regular season at the varsity level.***

OSAA Executive Board
July 20, 2026
Violations

SCHOOL	REPORTED	VIOLATION	RELEVANT INFORMATION	FINE	PENALTY
Willamette High School	5/7/2026	Participation by non-certified coach, if one of multiple coaches	Coach was not certified in Manage Staff after the first date of competition	\$250	Fine
Canby High School	5/8/2026	Ineligible participant	Boys Track and Field student participated while academically ineligible (Forfeit 4/7 & 4/20 NWOC League Meets)	\$100	Fine/Forfeiture
Catlin Gabel School	5/8/2026	Participation by non-certified coach, if one of multiple coaches	Coach was not certified in Manage Staff after the first date of competition	\$250	Fine
Grants Pass High School	5/6/2026	Baseball pitch count	Baseball student exceeded the pitch count limitation - JV	\$250	Fine/Forfeiture
Klamath Union High School	5/14/2026	Participation by non-certified coach, if one of multiple coaches	Non-certified volunteer coach was provided a coaching pass at the golf district tournament.	\$250	Fine
Caldera High School	5/15/2026	Exceeding participation limit (Excluding FB and SOC) - Individual (penalty each time) - Daily, Weekly or Season	Baseball student exceeded the season game limitation by participating in 27 games JV Game forfeiture (n/a)	\$100	Fine/Forfeiture
Crater High School	6/5/2026	Allowing 8 th grader, 5 th yr, 19 yr old to PRACTICE	An 8th grader was allowed to practice with the volleyball team one time	\$100	Fine
TOTAL				\$1,300	

APPEAL *

REQUIRED APPEARANCE**