

Oregon School Activities Association

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January 27, 2025

- TO: Athletic Directors and Swimming Coaches
- FROM: Kris Welch, Assistant Executive Director
- RE: Swimming Reminders and Relay Entry Timelines

ENTRIES / Individuals and Relays

- > A swimmer may enter four events in a meet, up to two of which may be individual events.
- Confusion often arises over what constitutes an entry in a relay. Being listed as an alternate does not count as an entry. It is considered an entry once an athlete actually competes in the relay.
- > Preliminaries and finals are one meet, even if they occur over two days.
- > If JV events are contested, they are part of the same meet and are included in the entry limitations.
- If an athlete competes in both Varsity and JV events, the athlete must comply with the limit of four events, of which two may be individual events.
- > The Varsity and JV relays are one event, even if the event numbers are different.
- A swimmer may not compete on both a Varsity and JV relay. This would be two entries in one event. The second relay would be subject to disqualification.

RELAY ENTRY TIMELINE / District Meets and OSAA State Championship Meets

Schools shall submit up to eight names for relays with their initial entry into the district meet.

A relay slip, card or other paperwork (determined by each district) with the names of the four athletes scheduled to compete shall be submitted to the designated meet personnel for each relay no later than the following deadlines:

- Medley Relay 45 minutes prior to the start of competition
- ✤ 200 Free Relay at the start of the girls 100 Butterfly
- ✤ 400 Free Relay at the start of the boys 500 Freestyle

NOTES:

- 1. There shall be no changes in the four athletes once the deadline has passed (order may be changed) except as permitted in NFHS Rule 3.2.2 (...illness or injury certified by a physician or the referee forces a competitor to withdraw).
- 2. The first swimmer of a relay team, once called to the starting platform by the referee, shall not change his/her swimming order in the relay event with any teammate. (NFHS Rule 8.3.4)
- 3. Each district may adopt an earlier deadline. An earlier deadline shall be communicated to all schools prior to the start of competition. These entry deadlines are highly recommended for regular season meets.

NOTE TO COMPUTER OPERATORS AT DISTRICT MEETS

Computer operators at District meets shall include relay names in the database submitted to the OSAA State Championship meet. **Relay names shall be included in both prelims and finals columns in the database.** Computer operators shall run exception reports to verify the correct number of events for a swimmer and their eligibility. Meet referees shall verify that the computer operator does this procedure as the referee is ultimately responsible.