



## Oregon School Activities Association

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Wilsonville, OR 97070  
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### 2026 OSAA Track and Field State Championships Para-Athlete Qualifying Standards

The following standards must be met at the qualifying meet to qualify for the OSAA Track and Field State Championships. Para-athletes may compete in up to 4 events if they meet or exceed the established qualifying time/mark in each event.

#### *Wheelchair Division Standards*

EVENT	BOYS	GIRLS
100-meter	0:40	0:45
400-meter	2:10	2:30
1500-meter	7:37	8:14
Shot put	4.58 m (4K)	3.66 m (6lb)

#### *Ambulatory Division Standards*

EVENT	BOYS	GIRLS
100-meter	0:25	0:30
400-meter	1:50	2:00
1500-meter	7:45	8:30
Shot put	4.58 m (4K)	3.66 m (6lb)