

2026 OSAA/OnPoint Community Credit Union Track and Field State Championships
Presented by NIKE
Starting Heights and Increments



6A Boys High Jump

Start at 1.89m; 3 cm increments thereafter

6A Boys Pole Vault

Start at 3.81 m, 15 cm increments to 4.26 m; 7 cm increments thereafter

6A Girls High Jump

Start at 1.52 m, 5 cm increments to 1.57 m; 3 cm increments thereafter

6A Girls Pole Vault

Start at 2.75 m; 15 cm increments to 3.80 m; 7 cm increments thereafter

5A Boys High Jump

Start at 1.81 m, 5 cm increments to 1.86 m; 3 cm increments thereafter

5A Boys Pole Vault

Start at 3.83 m; 15 cm increments to 4.13 m; 7 cm increments thereafter

5A Girls High Jump

Start at 1.48 m, 5 cm increments to 1.58 m, 3 cm increments thereafter

5A Girls Pole Vault

Start at 3.02 m; 7 cm increments thereafter

4A Boys High Jump

Start at 1.79 m, 5 cm increments to 1.84 m; 3 cm increments thereafter

4A Boys Pole Vault

Start at 3.57 m; 15 cm increments to 4.04 m; 7 cm increments thereafter

4A Girls High Jump

Start at 1.48 m, 5 cm increments to 1.53 m; 3 cm increments thereafter

4A Girls Pole Vault

Start at 2.59 m; 15 cm increments to 2.89 m; 7 cm increments thereafter

3A Boys High Jump

Start at 1.77 m, 5 cm increments to 1.87 m; 3 cm increments thereafter

3A Boys Pole Vault

Start at 3.57 m; 15 cm increments to 4.18 m; 7 cm increments thereafter

3A Girls High Jump

Start at 1.42 m, 5 cm increments to 1.52 m; 3 cm increments thereafter

3A Girls Pole Vault

Start at 2.42 m; 15 cm increments to 3.17 m; 7 cm increments thereafter

2A Boys High Jump

Start at 1.77 m, 5 cm increments to 1.87 m; 3 cm increments thereafter

2A Boys Pole Vault

Start at 3.30 m; 15 cm increments to 4.05m;7 cm increments thereafter

2A Girls High Jump

Start at 1.42m; 5 cm increments rto 1.52; 3 cm increments thereafter

2A Girls Pole Vault

Start at 2.37 m; 15 cm increments to 2.52 m; 7 cm increments thereafter

1A Boys High Jump

Start at 1.73 m; 3 cm increments thereafter

1A Boys Pole Vault

Start at 3.05 m; 15 cm increments to 3.65 m; 7 cm increments thereafter

1A Girls High Jump

Start at 1.42 m; 5 cm increments to 1.47 m; 3 cm increments thereafter

1A Girls Pole Vault

Start at 2.46 m; 15 cm increments to 3.06 m; 7 cm increments thereafter