## HIGH SCHOOL TENNIS PRE-SEASON COACHES CHECKLIST



## GET YOUR SEASON STARTED WITH THESE HELPFUL TIPS.



Meet with Athletic Director to find out what paperwork must be completed prior to the start of the season.



Review your team's schedule and make adjustments as needed.



Schedule a pre-season meeting with players to gather contact information and pass out paperwork that would need to be completed prior to the first day of practice.



Organize a pre-season parent meeting to introduce yourself, and share all important information and answer any questions.



Complete any necessary paperwork for your state Coach's Association (if your state has one).



Take inventory of equipment needs. (tennis balls, score cards, team uniforms, etc.).



Educate yourself on general tennis rules, the conference and state rules.



Contact fellow coaches and begin building relationships as you plan for the upcoming season. Decide if you will be running a "no-cut" program. If you are going to be a nocut sport, make sure to register your program on **NetGeneration.com**.

Develop a coaching philosophy write it down and share with players and parents so that you can all be on the same page.

Establish a tryout system and communicate it with players and parents as well as your school's administration.

Attend high school coaching education events in your area to learn best practices.



Establish a practice schedule.



Secure courts for your team's home matches and practices.

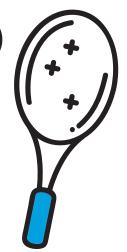
Create a transportation calendar prior to the start of the season.



Confirm that your players are academically eligible and communicate the importance of their education.



Identify local tennis clubs in your area that would be open to hosting some high school matches!











Learn more about youth tennis at NETGENERATION.COM