



## Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1  
Wilsonville, OR 97070  
503.682.6722 <http://www.osaa.org>



### **SPORTS MEDICINE ADVISORY COMMITTEE**

Tuesday, September 15, 2021

#### **MINUTES**

1. Present: Dr. Michael Koester (chairperson); Dr. Brett Andres; Dr. Robert Bents; Mark Boren EMT-I (RET); Dr. Brad Butler; Dr. James Chesnutt; Erin Cramer, AT, Ret PA-C (OSPA); Dr. Robert Fan; Marlee Hansen, MS, ATC (OATS); Sam Johnson PhD, ATC, CSCS (OATS); Shelly Jones ATC (OATS); Dr. Sara Murdick; Marc Norcross, PhD, ATC; Dr. Alana Ryan; Dr. David Sarmiento; Chris Knudsen (OACA); Dave Hood (OADA); Kelly Foster, Brad Garrett, and Peter Weber (OSAA).
2. Welcome and Introductions. The meeting was conducted via Zoom.
3. Review minutes of June 8, 2021, meeting – The committee approved the minutes (Cramer/Norcross).
4. Old Business
  - A. COVID and 2021-22 School Year – Updates and Potential Issues – Peter Weber reviewed all the COVID-19 updates and guidance from the Oregon Health Authority (OHA) that has been distributed to schools, including the OHA's vaccination mandate for all school personnel (including administrators, coaches, and officials) that goes into effect on October 18. Reviewed potential issues that were shared with the OSAA Executive Board regarding fall state championship venues including schedule/timing changes and the potential for facilities to have vaccination/testing requirements.
  - B. Football Required Practices after Quarantine – Brad Garrett reviewed the guidance that was sent to schools pertaining to the minimum number of practices required following a quarantine due to COVID exposure before competition with another school.
  - C. Updated NFHS-AMSSM Guidance for Assessing Cardiac Issues – Dr. Michael Koester reported that NFHS-AMSSM has released updated guidance. The updated guidance does not require a formal medical evaluation for athletes who had no or mild symptoms with a Covid infection. The OSAA SMAC sub-committee will reconvene and review current OSAA guidance for potential changes in the next week.
  - D. OSAA Air Quality Board Policy and Potential Future Directions – Dr. Michael Koester shared concerns with the variation in accuracy of various AQI monitors stationed across Oregon. OSAA will continue to encourage schools to use all resources available to them to determine local air quality concerns. Peter will work to put together a group of SMAC, OHA, DEQ, and OSAA personnel to further review the current OSAA guidance to ensure it is in line with current medical concerns pertaining to physical exertion in poor air quality conditions.
5. New Business
  - A. Handle with Care – Kelly Foster shared a memo that went out to schools with a resource for coaches to share with students and families focusing on mental health. The OSAA partnered with the Oregon Athletic Directors Association (OADA), the Oregon Athletic Coaches Association (OACA), and the Oregon Athletic Trainers Society (OATS) to support the efforts of the Oregon Department of Education (ODE) with their Care and Connection Week.
  - B. American Academy of Pediatrics Updated Physical Form – Dr. Koester reported on questions he has been asked regarding the use of the American Academy of Pediatrics physical form. He explained that the Pre-Participation Physical Exam is a part of state law in Oregon that dictates the form which must be used.
  - C. NFHS SMAC Update – Dr. Koester's term as the chair of the NFHS SMAC Committee has ended. He reported that the NFHS SMAC is continuing to look at heat-illness related deaths as there is a rise in sports other than football. He also stated that the committee will continue to focus on High School RIO and asking Athletic Trainers to report injury data.
6. Committee Member Topics / Discussion – Sam Johnson shared the struggles he is hearing from schools regarding staffing of athletic trainers.
7. Future Meeting Dates – Looking at traditional early-November for Winter meeting.