

The 2023-24 competition season has begun, and the Technical Judge team has a few quick reminders to ensure the safety of your performers and to minimize potential infractions.

Please review Rule 4.1 – Dance/Drill/Pom Apparel and Accessories (pages 33, 34)

The rules in Section 1 govern costuming, jewelry, footwear, and glitter. The examples written about in the Situations on page 34 provide guidance coaches should adhere to alleviate unnecessary penalty points.

- Article 1 – No hard jewelry.
- Article 2 – Apparel and accessories must be appropriate for the activity.
- Article 3 – Dancers must wear footwear that is appropriate for the activity.
- Article 4 – Glitter that does not readily adhere on the hair, face, body, or costume is not permitted.

Focus: Stunt/Lift Personnel, Section 2 (pages 34, 35)

Article 7 – a spotter is required for extended stunts and lifts or transitions that sop in an extended position, except for the following:

- a. Chair
- b. Russian lift
- c. Double-base split catch
- d. Double-base vertical T-Lift
- e. Triple-base stunts/lifts in which the top person is horizontal.
- f. Triple-base suspended splits, and
- g. Triple-base straddle sit.

Quick Definition Review:

Drop – Landing on the performing surface from an airborne position. (4.9, Drops, pg. 47)

Inverted Position – Shoulders are below the waist.

Prep Level: A top person’s base of support is at approximately shoulder height.

Comment: When planning Stunts/ Lifts, please note the different requirements for spotters and bases.

Technical Judge Recruitment

Technical Judge training for the 2023-24 season began in October and we are pleased to announce 10 Technical Judges are moving through the judging intern process. The Technical Judge interns will be partnering with experienced Technical Judges over the course of this season. Welcome to the DDCA Judges Affiliation!

Please reach out to me with any questions, clarification. dance_drill.sri@osaa.org

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