



# Oregon School Activities Association

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TO: Athletic Directors and Head Football Coaches

FROM: Brad Garrett, Assistant Executive Director

SUBJECT: Various Football Clarifications

Athletic Directors and Head Football Coaches –

Below are clarifications related to the most frequent questions I have received to this point.

### Face Coverings (OAR 333-019-1025)

Coaches, players, and support staff, regardless of vaccination status, are required to wear a mask during indoor/outdoor practices and competitions when actively not participating - this includes during practice or games while standing on the sidelines.

### Team Box (Rule 1-2-3g)

No modifications to Rule 1-2-3g for the 2021 season – team boxes will not be extended.

### Charged Time-Outs and Authorized Conferences (Rules 2-6-2, 3-5-3, 3-5-8)

If deemed necessary, time-outs and conferences may be extended at the Referee’s discretion

### Required Practice After Quarantine

The number of days of required on-field practice prior to competition with another school after quarantining because of COVID exposure is dependent upon the length of the quarantine. See table below for summary:

Quarantine Length	Prior to competition with another school
Less than 7 days	Immediate Return
7-10 days	2 days of on-field practice
10-14 days	3 days of on-field practice
14 or more	4 days of on-field practice

OSAA Sports Medicine Advisory Committee guidance for pediatric and adolescent athletes for return to sports following infection with covid-19 can be found at the link below:

<https://www.osaa.org/docs/osaainfo/ReturnToPlayFollowingCOVIDInfection.pdf>

This info is also posted to the OSAA Football page at <https://www.osaa.org/docs/fbl/0827FBMemo.pdf>.