

Visit the [Dates/Resources](#) tab on the volleyball page of the OSAA website for valuable information and assistance tools. Link here: <https://www.osaa.org/activities/vbl/information>

Rule Clarifications (reprinted from prior years and last issue):

1. Jewelry – No jewelry, no jewelry, no jewelry

- If you have a player with a medical or religious piece of jewelry, please follow the information in Rule 4-1-7.
- Officials, be preventive and remove players from warm-ups wearing jewelry, do not wait until the match starts and have to issue a penalty.

2. May Players Stand? No, in NFHS Players must remain seated on the bench unless they go behind the bench to warm-up, knowing they are coming in at the next rotation for serve. As a coach you need to consider this rule along with your own bench Covid protocols.

3. Rule 4-1-5 & 4-1-6 – Hair Control vs Hair Decoration

- If it's **hair control** and meets the criteria in rule 4-1-5 & 4-1-6 it's legal. A hair control device would be a headband no wider than 3 inches. A bandanna would be illegal due to the knot (see below). Flat clips are OK as long as they aren't longer than 2 inches.
- If it's **hair decoration** it doesn't meet the rule criteria. This is anything added to a hair control device (ribbon tied onto hair control ponytail band, something attached to a flat clip or bobby pin). This also includes anything added to hair that is made up of any hard and unyielding material.
- **Knotted Headbands**
 - Rule 4-1-5 Doesn't specifically mention "knotted" headbands but it is covered in the OSAA volleyball materials.
 - Volleyball players aren't allowed to wear any type of "knotted" headbands for their safety.
 - Rumor is if you tuck in the headband "flaps" it's OK. This is not correct. All headbands with knots are illegal.
- Please approach the coach if any of the above items are spotted and allow them to talk to their player. Thank you.

4. Coin Toss (during Covid) - Just a reminder, there is no coin toss conducted during the pre-match conference. The visiting team will serve first and teams rotate serve in subsequent sets. There is a coin toss if a deciding set is needed.

5. Substitution vs Libero Replacement Zone (during Covid)

Coaches and officials, please be sure your substitutes are substituting inside the 10-foot substitution zone when they enter and exit the set. There is plenty of room for them to be 6 feet apart. If you have multiple subs, they may stand and wait outside the sub zone as normal, just maybe a bit farther back. Only libero replacements should take place in the libero replacement zone (attack line to end line). This is for the benefit of the officials, players, scorekeeper, and the libero tracker.

Officials:

1. **OSAA Sportsmanship Program** – Remember to nominate schools/teams/coaches for the OSAA Sportsmanship Program. The nominations only take a few minutes to fill out. We are really excited about being part of this program to honor good sportsmanship in our schools. <https://www.osaa.org/officials>

Thank you for taking the time to review the above rule clarifications with your entire coaching staff and student athletes.

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