

Calculated Body Fat

OSAA BIA Data Form

Wrestler Name:	First	MI Las	Grade: 9 10 11 12
Gender:Male	Female		
School:			Classification: 1A 2A 3A 4A 5A 6A
Location of Assessment:			Date://
Type of Assessment:	Initial Assessm	entAppealed Assess	ment (check weight at initial assessment)
Failed Hydration Repeat	- □ 2 nd □ 3 rd □ 4 th		
OSAA Assessor			
Step 2 – Assess height (in		te ————	PASS FAIL
Step 3 – Bioelectrical Impedance Assessment Note: Approved equipment: Tanita TBF-300WA/WAplus, Tanita TBF-400WA (Standard Mode) or InBody 120/570			
Record scratch weight at	t initial assessment		Lbs
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Note: The Oregon Wrestling Weight Monitoring Program requires a Physicians Release Form for any wrestler assessed below 7% body fat for males and 12% body fat for females. The assessor shall provide the wrestler with the form at the time of assessment.